

CAREER DEVELOPMENT (CAR)

CAR155 Career Decision Making (1 Credits)

The purpose of this course is to provide students with an understanding of career decision making and the opportunity to explore their career decisions. Students will undergo a rigorous self-assessment and exploration process.

CAR450 Internship & Career Preparation (1 Credits)

Learn the fundamentals necessary to establish and complete a successful internship experience. Prepare to participate in an internship related to an area of interest or present employment. This course covers exploring career options and developing résumés and cover letters, interview skills, and job search strategies—including use of technology. Open to all undergraduates with junior or senior status. For School of Business and Digital Media students, the course prepares students for successful completion of a for-credit internship, BU351.

CAR452 Career/Life Mgt: Meet Your Future Self (1 Credits)

This experiential course designed to meet twice a week will provide students with the career/life management skills needed to thrive at home, school and work. Students will be introduced to concepts of contemplative living to establish long and short-term goals. Specifically, they will develop skills in reflection, self-awareness, communication, time management and financial planning, integrating an understanding of the Hidden Rules of Class and the Mercy core values. This will enable them to understand the impact today's behaviors will have on their long-term desired outcomes.

CAR453 Professional Development & Disability (2 Credits)

This course prepares students with disabilities and those interested in supporting the employment of people with disabilities in the principles and practices related to career management strategies. Students will learn about disability-related employment history, messaging, legal requirements, policies, and best practices. They will gain experience with career exploration approaches designed to increase a job seeker's self-confidence, choices, and knowledge of career options, explore accommodation strategies in the workplace, and discuss disability disclosure strategies. Broader workplace skills necessary for career success are also covered.