

HEALTH & PHYSICAL EDUCATION (HPE)

HPE260 Motor Development, Learning & Teaching (3 Credits)

This course provides foundational knowledge of lifespan motor development and learning. Based on this foundation, teaching strategies for all ages including early childhood will be discussed.

Prerequisite(s): ES111.

HPE355 Methods of Secondary Health & Phys.Ed. (3 Credits)

Students will learn methods of teaching secondary health and physical education, including characteristics of secondary school student assessment, grading, teaching lifetime activities, and effective teaching techniques in the classroom, gym, and outdoors. Students will gain teaching experiences through peer teaching and observation in schools outside the university.

Prerequisite(s): HPE260.